

# CALL OR TEXT ADAM 086 214 9104



## LOCATION:

ST. AIDAN'S CBS, COLLINS AVENUE,  
WHITEHALL, DUBLIN 9.

## CLASS TIMES:

MONDAYS AND WEDNESDAYS:

5:30PM - 6:15PM = 4-6 YEAR OLDS

6:30PM - 7:20PM = 7-9 YEAR OLDS

7:30PM - 8:25PM = 10-12 YEAR OLDS

8:30PM - 9:30PM = 13 YEARS OLD +

ARE YOU LOOKING FOR A FUN AND EXCITING WAY FOR YOUR CHILD  
TO STAY ACTIVE AND BUILD CONFIDENCE?

**LOOK NO FURTHER THAN WHITEHALL MARTIAL ARTS**

OUR CLASSES ARE DESIGNED TO BE AGE-APPROPRIATE AND  
ENGAGING, SO YOUR CHILD WILL STAY MOTIVATED AND HAVE A  
BLAST WHILE THEY LEARN.

DON'T MISS OUT ON THIS OPPORTUNITY FOR YOUR CHILD TO LEARN  
VALUABLE LIFE SKILLS AND HAVE A GREAT TIME DOING IT.

**SIGN THEM UP FOR WHITEHALL MARTIAL ARTS TODAY!**

**FOLLOW US ON**



**INSTAGRAM - @WHITEHALLMARTIALARTS**



**FACEBOOK.COM/WHITEHALLMARTIALARTSD9**





@whitehallmartialarts



**WHITEHALL MARTIAL ARTS**

**Join us now**

**Build Fitness, Build Confidence  
& Build Smiles!**

**What Parents say...**

"Enrolling my kids at White Hall Martial Arts was a game-changer! They've developed not only physical skills but essential life values like discipline and determination. It's not just a martial art; it's a path to personal evolution. Kudos to the fantastic team there!"

**Sean, Dublin 9.**

**TEXT OR PHONE  
ADAM SHELLY 086 214 9104**

